

**中國香港體操總會**  
**The Gymnastics Association of Hong Kong, China**  
**2026 年健美體操港隊及精英隊甄選日**  
**Aerobic Gymnastics Squad and Talents Selection 2026**  
**(8 March 2026)**

**入選名單 Admission List**

**健美體操香港代表隊**  
**Aerobic Gymnastics Squad**

沒有運動員入選 No gymnasts have been selected

**健美體操精英隊 (2026 年 4 月入隊)**  
**Aerobic Gymnastics Talent Team (Joining in April 2026)**

(排名不分先後 Names listed in no particular order)

姓名
黎苑霖
梁凱淳

**健美體操精英隊 (2026 年 7 月入隊)**  
**Aerobic Gymnastics Talent Team (Joining in July 2026)**

(排名不分先後 Names listed in no particular order)

姓名
孟泳心
黃奕斐

**後補名單 Substitute List**

(如 2026 年 9 月 30 日或之前健美體操精英隊有空缺將會按以下順序通知後補運動員入隊)

(If there are vacancies in the Talent Team by 30 September 2026 or earlier,  
substitute athletes will be notified in the following order)

後補順序	姓名	後補隊伍
1	王思穎	精英隊
2	蔣晞晴	精英隊

本會將以電郵通知各入選運動員，如有任何查詢，請致電 2504 8233 與謝小姐聯絡。

The Association will send a confirmation email to the above admitted gymnasts.

Should you have any further inquiries, please feel free to contact Ms. TSE at 2504 8233.

入選運動員將於 4 或 7 月份開始訓練，詳細訓練安排請參閱稍後由電郵發出之學費通告。

The training will be started in April or July, for details, please refer to the training notice sent by email later.